

Rewards worksheet

Tips to remember:

- Make praise clear and specific
- Include a range of rewards under each category
- Rewards don't need to be expensive
- Make sure both you and your child agree to the reward

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- Make sure you would be willing not to give the reward if the goal was not met
- Try to have rewards that can be given immediately or soon after the goal has been met

Things to do with my child:

Other things my child would enjoy: