

Over the last two weeks, how often would you say the following have occurred because of certain environmental sounds which seemed too loud to you but people around you could tolerate well?

1. Feeling anxious when hearing loud noises

0-1
days

2-6
days

7-10
days

11-14
days

2. Avoiding certain places because it is too noisy

0-1
days

2-6
days

7-10
days

11-14
days

3. Lack of concentration in noisy places

0-1
days

2-6
days

7-10
days

11-14
days

4. Unable to relax in noisy places

0-1
days

2-6
days

7-10
days

11-14
days

5. Difficulty in carrying out certain day-to-day activities/ tasks in noisy places

0–1
days

2–6
days

7–10
days

11–14
days

6. Lack of enjoyment from leisure activities in noisy places

0–1
days

2–6
days

7–10
days

11–14
days

7. Experiencing low mood because of your intolerance to sound

0–1
days

2–6
days

7–10
days

11–14
days

8. Getting tired quickly in noisy places

0–1
days

2–6
days

7–10
days

11–14
days