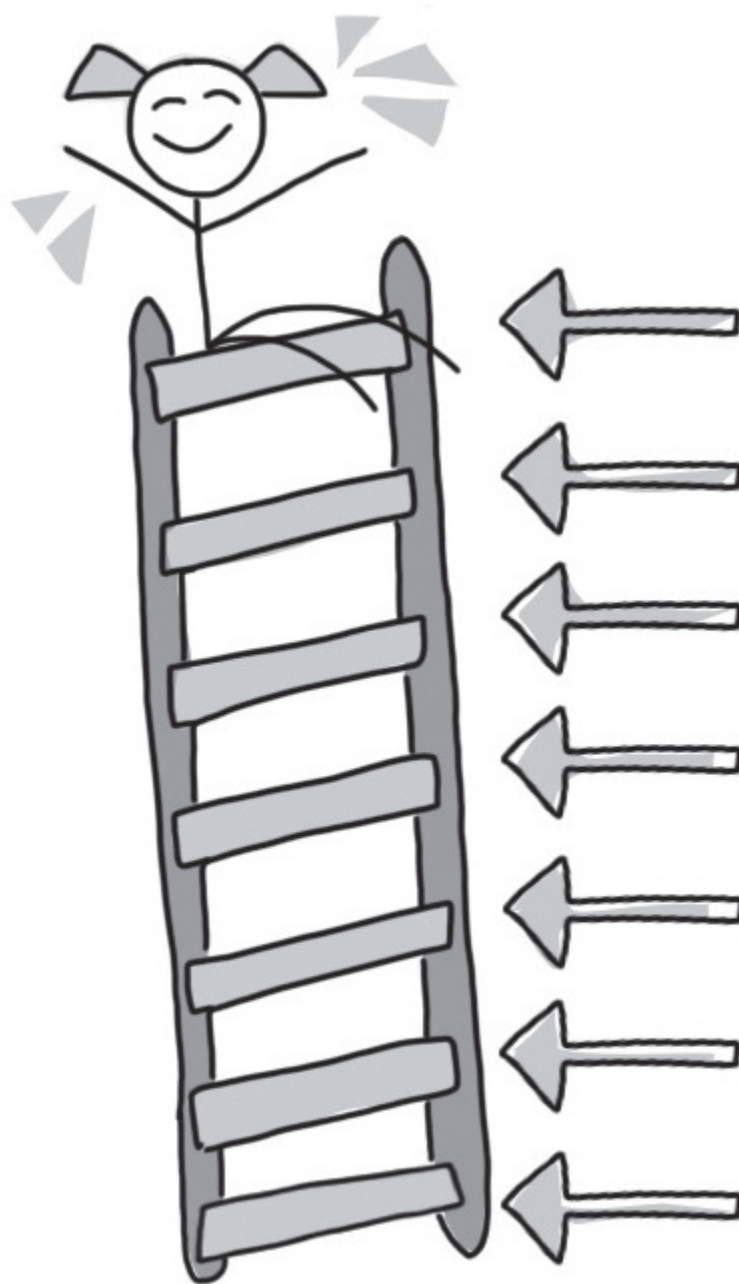


My Ladder of Goals



Remember to put the easiest goal at the bottom of the ladder and the most difficult at the top.