## **Exercise: Writing Your Road Map**

| Where am I now?   |  |
|---|--|
|   |  |
| Where do I want to get to?  |  |
|   |  |
| What will I need to do to get there?  |  |
|   |  |
| What would be the first step in that direction?                                       |  |
| How can I take that first step?   |  |
| What might prevent me from taking that step (and how can I stop that from happening?) |  |
| Who can I ask to help me with this?   |  |