

# PLEASE worksheet

## *Prioritise*

What is the real priority here? State it in simple terms.

## *Long term*

What will matter in the long term? In five or ten years, what will still be important?

## *Essentials*

What is absolutely essential and cannot be let go?

## *Address barriers*

Once you have decided what the real priorities are, how can you address any barriers to this happening? How can you make it easier for this to happen?

## *Step back*

Remember that pressure will make things less likely to happen.

How can you step back and reduce the pressure around this area?

How will you implement low demand principles?

If there's a new idea, drip-feed it.

## *Encore!*

Don't give up if it doesn't happen immediately.

Keep in mind what your priorities are and remember that change is hard and takes time.