

	What does it mean?	How could you do this?
Join in	Showing an interest in what the child does on their screen. Joining them in their games if they will let you. Asking about what they do. Learning about the games for yourself.	
Observe	Watch what they love to do and how they use their device.	
Improve the quality	Think in terms of making their device a high-quality learning environment. How could you improve the quality of what is available to them? This goes for both hardware and software.	

<p>Notice what's working</p>	<p>Without judgement, notice over time what they really enjoy doing and what they get out of that. Children use screens for many different reasons – ask yourself what different needs are being met.</p>	
<p>Unblock communication</p>	<p>Use low demand communication around screens to establish a non-reactive, non-punitive way of talking about what happens on their screens. Talk about your own relationship with screens. Be around to listen to a lot of talk about their games.</p>	
<p>Protect them if you need to</p>	<p>Sometimes you need to step in and it won't always be popular. They may disagree with you about this but if you feel that they are not safe or if their mental health is suffering, you need to step in and be ready to weather the storm.</p>	