

Person's name					
Your relationship with the person					
How much contact do you have?					
Does the person know about your depression?					
Can you speak to the person about your feelings?					
Do you see each other socially?					
Can you ask the person for practical help and advice?					
Is this a flexible relationship?					

Person's name					
How would you describe the give and take in this relationship?					
Are you satisfied with this relationship?					
Has this relationship changed since you've been depressed?					
Has this relationship been affected by a change?					
Has there been conflict in this relationship?					
Has this relationship been affected by someone dying?					

Person's name					
Is it difficult to get what you want from this relationship?					
Will this person be in your IPT-A team?					
How will this relationship feature in your plan?					