## The importance of my value areas (worksheet 4)

0	1	2	3	4	5	6	0	1	2	3	4	5	6	
Unimportant		-	Indifferent		Important		No needs		Limited needs			Needs		
Rela	tionshi	ip (circl	e a num	nber on	each so	cale)								
0	1	2	3	4	5	6	0	1	2	3	4	5	6	
Unimportant			Indifferent		Important		No needs		Limited needs			Needs		
Hom	ne (circl	e a nui	mber on	each s	cale)									
	1	2	3	4	5	6	0	1	2	3	4	5	6	
0	1	2	5											

## Leisure (circle a number on each scale)

0	1	2	3	4	5	6	0	1	2	3	4	5	6		
Unimportant			Indifferent		Impo	Important		No needs		Limited needs			Needs		
Eduo	Education/training (circle a number on each scale)														
0	1	2	3	4	5	6	0	1	2	3	4	5	6		
Unim	Unimportant		Indifferent		Important		No	No needs		Limited needs			Needs		
Mind/spirituality (circle a number on each scale)															
0	1	2	3	4	5	6	0	1	2	3	4	5	6		
Unim	Unimportant		Indifferent		Impo	Important		No needs		Limited needs			Needs		
Body	Body/exercise (circle a number on each scale)														
0	1	2	3	4	5	6	0	1	2	3	4	5	6		
Unimportant			Indifferent		Impo	Important		No needs		Limited needs			Needs		