

Planning my future goals (see pp.341-5)

My goal is:

The date I aim to achieve this goal is:

Sub-goal 1:

Sub-goal 5:

Sub-goal 2:

Sub-goal 6:

Sub-goal 3:

Sub-goal 7:

Sub-goal 4:

Sub-goal 8:

To use this template, write your goal in the top box, then record each major step as a sub-goal. Use the sub-goal boxes to write notes on what steps you need to complete before moving on to the next sub-goal.