

Overcoming Hoarding

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07.00–08.00							
08.00–09.00							
09.00–10.00							
10.00–11.00							
11.00–12.00							
12.00–13.00							
13.00–14.00							
14.00–15.00							

Scheduling

15.00–16.00								
16.00–17.00								
17.00–18.00								
18.00–19.00								
19.00–20.00								
20.00–21.00								
21.00–22.00								
22.00–23.00								
23.00–24.00								