

Setting yourself on the right course 99

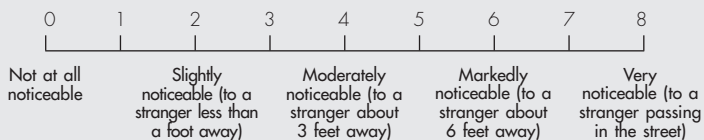
Noticeability of your feature

The next set of questions relates to how noticeable you think your feature is. You may find it helpful to discuss this aspect of the problem with a trusted friend or therapist. You could ask this person to rate the features using the same scale without him or her knowing how you rated yourself.

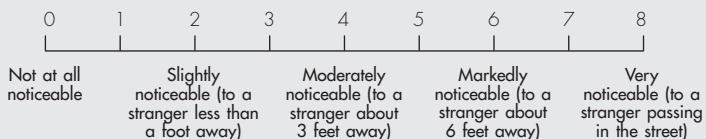
QUESTIONNAIRE 5.2: RATING THE NOTICEABILITY OF YOUR PROBLEM FEATURE

1. How noticeable do you feel your feature is to other people (if you do not camouflage yourself, e.g. with clothes, padding and/or makeup, and the feature has not been pointed out to them)?

a. Please specify the first feature you are rating

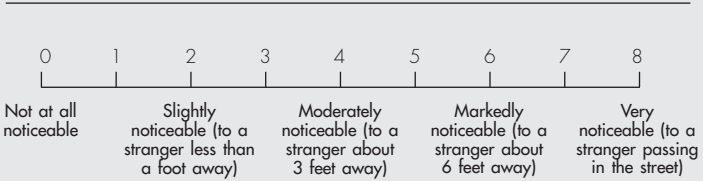


b. Please specify the second feature you are rating (if applicable)

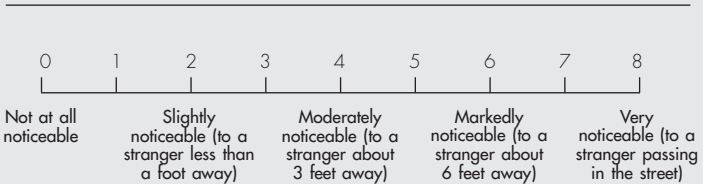


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c. Please specify the third feature you are rating (if applicable)

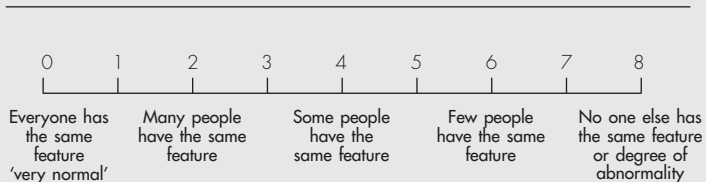


d. Please specify the fourth feature you are rating (if applicable)

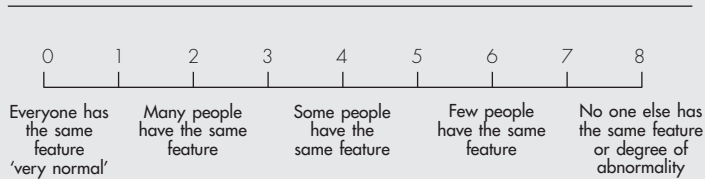


2. How do you feel your feature compares to the same feature possessed by other people of the same age, sex, and ethnic group?

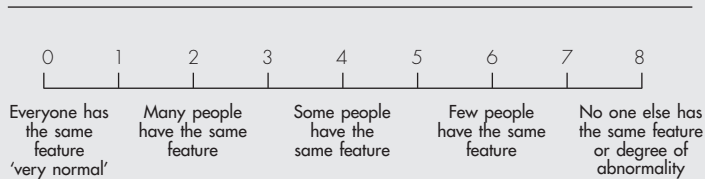
a. Please specify the first feature you are rating



b. Please specify the second feature you are rating (if applicable)



c. Please specify the third feature you are rating (if applicable)



d. Please specify the fourth feature you are rating (if applicable)

