

WORKSHEET 9.2: MY HISTORICAL TEST OF THE NEW PERSPECTIVE: APPLIED TO ME

New perspective: When I don't achieve the standards I set myself, it doesn't make me any less worthwhile as a person.

Age	<i>Experiences I had that are consistent with this new perspective</i>
Birth–2	
3–5	
6–11	
12–15	
16–18	
19–25	