

OVERCOMING PERFECTIONISM

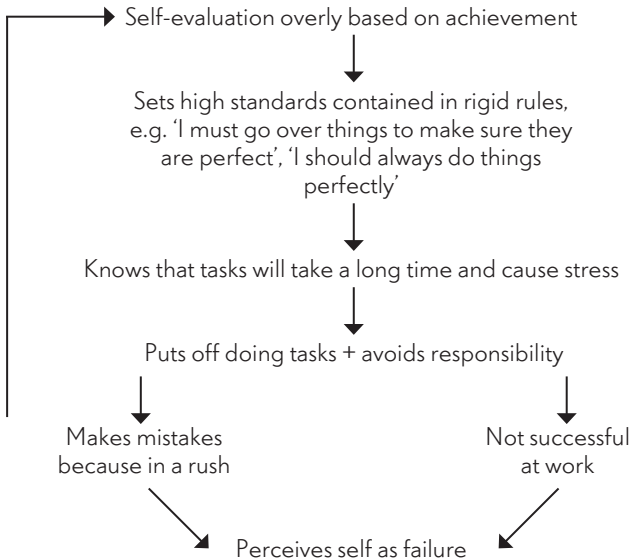


Figure 5.2 What is keeping James's perfectionism going?