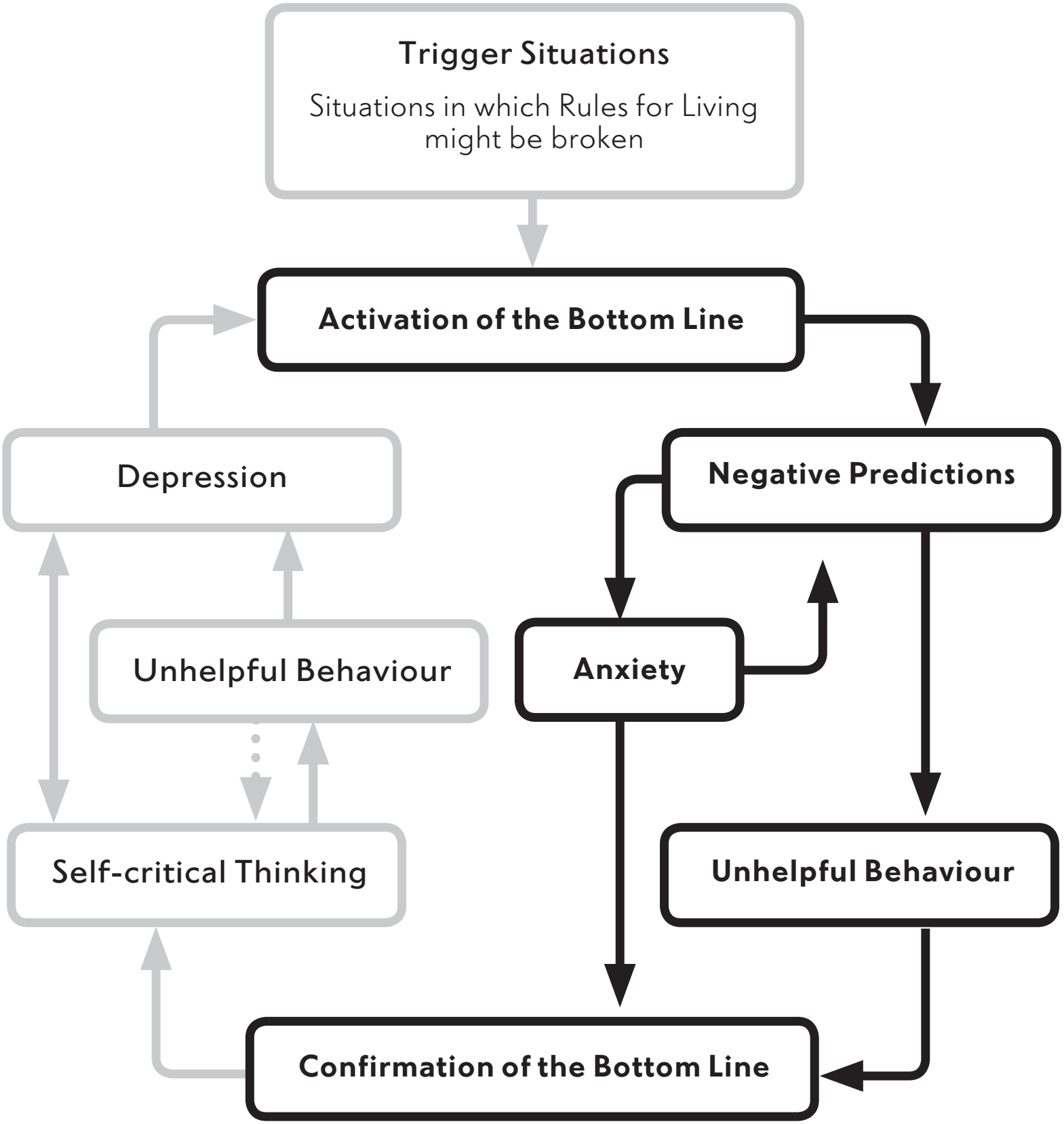Figure 9. The Vicious Circle: The Role of Anxious Predictions in Keeping Low Self-esteem Going